

Ms Jane Yardley completed her BSc in biochemistry at Mount Allison University in Sackville , NB in 2000, after which she pursued a MSc in Human Evolution and Behaviour at University College London in England (completed in 2001). She then spent several years working for the government before returning to her studies in 2005, with the support of the Canadian Diabetes Association Doctoral Research Award. She is currently in the 4th year of the Population Health PhD program at the University of Ottawa , with her research focus being in Type 1 diabetes and exercise. She is working under the guidance of the endocrinologist Dr. Ron Sigal (University of Calgary , Faculty of Medicine), and the Exercise Physiologist Dr. Glen Kenny (University of Ottawa , School of Human Kinetics). To stay active she participates regularly in triathlons, with her biggest one to date being Ironman Wisconsin.