

# **Diabetes Action Network**

## **Guest Speaker: Ms. Jane Yardley**

---

**Ms Jane Yardley Bsc.Msc., will present the theory behind her research on the effects of resistance exercise on Type 1 diabetes. She is associated with Dr. Ron Sigal, endocrinologist (Calgary U.) and Dr. Glen Kenny, Exercise Physiologist (Ottawa U.)**

---

**Date: Wednesday, November 5th, 2008**

**Time: 7:00 to 9:00 PM**

**(Registration 6:45)**

**Place: Heron Road Community Center**

**1480 Heron Road (east of Bank) **

**Free Parking • Free Admission**

**Upcoming speakers:**

**Mar 04, 2009: Sandra McGuire on pancreas transplant**

**June 03, 2009: Dr. Michelle Turek, cardiologist**

**RSVP: [kdkemp@rogers.com](mailto:kdkemp@rogers.com)**

---

**Our sponsor for this meeting:**

